



WHAT DOES A DAY AT AURORA LOOK LIKE?

A typical day at Aurora is filled with mindfully designed programs and activities which stimulate the development of a child's social, cognitive and physical skills.

PLAY AND ACTIVITIES



Our doors open at 7:00 am and children are welcomed in for a delicious breakfast in our multi-age space where they can spend some time with their siblings and peers. After breakfast our children troop off to their studios to play, engage with activities and learn. Throughout the day, children have access to both indoor and outdoor play. As well as engaging in experiences set up by our educators, we have extracurriculars lead by program specialists almost everyday. In our Willow Walk Kindergarten, we set aside time each day for Literacy and Numeracy activities, which begin to lay the foundations for our Kinder children's academic growth.

REST

We also make sure that our programs are designed to allow our children time to rest and sleep; our Seamist children can sleep or engage in quiet play through the day based on their own individual needs, while our Moonglade children have a nap or some quiet time after lunch. While our educators do plan activities each day, we also believe in following the Rhythm and Flow of the day and the child; in doing this, we give children the freedom to choose their own activities and guide their own learning.



MEALS

As well as an early breakfast, children are served a morning tea, lunch, afternoon tea and a late snack. All meals are freshly prepared by Aurora's chefs and are tailored to meet children's nutritional needs. We encourage our children to eat slowly and mindfully, so that they can gain a deeper connection to their food and an understanding of where it comes from.



COMMUNICATING WITH FAMILIES

Aurora believes in working collaboratively with parents to help a child's holistic growth. We communicate with parents daily through the Aurora App about what their children have eaten, how many hours they've slept and what activities they've participated in. This allows parents to talk to their children about their day and carry forward their experiences and learnings into other contexts.

